

## Torque Values Recommendation

Torque values and assembly compounds are for reference only.  
Not all components are present on every model. Use as applicable.

All models include the following framesets:

- PA-AFO      · MA            · VSRu
- VA-AFO      · GA            · TSRf
- MA-AFO      · MR1s



Index	Frameset	Model	Torque Value (Nm)	Assembly Compound
A	Bottle cage screw	· All models	2	Grease
B	Cable routing holder screw	· All models	1	Loctite
C	BB downside cable routing holder screw	· All models	3	Loctite
D	Chain catcher screw	· All models	2	Loctite
E	FD mount flat screw	· All models	3	Loctite
F	Fork hanger screw	· All models	1	Loctite
G	Rear hanger screw	· All models	1	Loctite



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Index	Seatpost	Model	Torque Value (Nm)	Assembly Compound
H	Seatpost clamp screw	<ul style="list-style-type: none"> <li>· PA-AF0</li> <li>· MA-AF0</li> <li>· MA</li> <li>· GA</li> </ul>	5	Grease
		<ul style="list-style-type: none"> <li>· VSRu</li> <li>· MR1s</li> <li>· TSRf</li> </ul>	2	Grease
I	Saddle clamping screw	<ul style="list-style-type: none"> <li>· M:P1</li> <li>· M:P2</li> </ul>	6-8	Grease
		<ul style="list-style-type: none"> <li>· ERGO</li> </ul>	8-10	Grease
		<ul style="list-style-type: none"> <li>· V:P1</li> <li>· TSRf SP</li> <li>· VSRu SP</li> </ul>	12	Grease



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All DARE handlebars include the following models:

- V:C1                      · AER01v R68                      · ERGO ACE                      · VETOX ACE
- G:C1                      · AER01                              · G:H1                              · AEROMAX
- AER01v                      · REMO                              · ERGO 14



Index	Integrated Handlebar / Stem	Model	Torque Value (Nm)	Assembly Compound
J	Stem lateral fork clamp screw	· All DARE handlebar models	5	Grease
K	Stem screw	· All DARE handlebar models	2	Grease
L	Computer mount screw	· All DARE handlebar models	3	Loctite
M	Front cap screw	· ACE	5	Grease



Index	Thru Axle Assembly	Model	Torque Value (Nm)	Assembly Compound
N	Carbon thru axle	· All models	10 max	Grease

