

Torque Values Recommendation

Torque values and assembly compounds are for reference only.
Not all components are present on every model. Use as applicable.

All models include the following framesets:

- PA-AFO
- MA
- VSRu
- VA-AFO
- GA
- TSRf
- MA-AFO
- MR1s



Index	Frameset	Model	Torque Value (Nm)	Assembly Compound
A	Bottle cage screw	• All models	2	Grease
B	Cable routing holder screw	• All models	1	Loctite
C	BB downside cable routing holder screw	• All models	3	Loctite
D	Chain catcher screw	• All models	2	Loctite
E	FD mount flat screw	• All models	3	Loctite
F	Fork hanger screw	• All models	1	Loctite
G	Rear hanger screw	• All models	1	Loctite



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Index	Seatpost	Model	Torque Value (Nm)	Assembly Compound
H	Seatpost clamp screw	<ul style="list-style-type: none"> • PA-AF0 • MA-AF0 • MA • GA 	5	Grease
		<ul style="list-style-type: none"> • VSRu • MR1s • TSRf 	2	Grease
I	Saddle clamping screw	<ul style="list-style-type: none"> • M:P1 • M:P2 	6-8	Grease
		<ul style="list-style-type: none"> • ERG0 	8-10	Grease
		<ul style="list-style-type: none"> • V:P1 • TSRf SP • VSRu SP 	12	Grease



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All DARE handlebars include the following models:

- V:C1 · AER01v R68 · ERGO ACE · VETOX ACE
- G:C1 · AER01 · G:H1 · AEROMAX
- AER01v · REMO · ERGO 14



Index	Integrated Handlebar / Stem	Model	Torque Value (Nm)	Assembly Compound
J	Stem lateral fork clamp screw	· All DARE handlebar models	5	Grease
K	Stem screw	· All DARE handlebar models	2	Grease
L	Computer mount screw	· All DARE handlebar models	3	Loctite
M	Front cap screw	· ACE	5	Grease



Index	Thru Axle Assembly	Model	Torque Value (Nm)	Assembly Compound
N	Carbon thru axle	· All models	10 max	Grease

